

A message from our founder

2023 was our second full year in existence as a 501c3! It has been a year of building for AMS, and I'm so proud of the strong foundations we have been laying. We've screened and vetted five individuals to become our first cohort of mentors, and then logged over 600 mentorship session attendees! It was a pure joy to hear a mentee share that she scheduled a vacation specifically to meet up with another adoptee whom she'd previously met in The Adoptee Lounge!

Growth often comes with growing pains. As we've begun to scale, we have navigated our fair share. It is clear that the demand for mentoring is greater than our capacity, which has resulted in some longer-than-desired wait times for mentees to get into a session. This reality has reinforced the central challenge of our work, which is to identify and train new cohorts of mentors. Mentoring adoptees as an adoptee is hard work! It requires balancing personal experiences as an adoptee, whilst supporting the mentee in a compassionate, empathetic and understanding way. The Board and I are committed to building comprehensive programming which is why I'll be focused on raising funds to hire staff to help retain and nurture our bench of mentors.

I have immense gratitude for our consultants, mentors, board, donors, and volunteers who have put in hundreds of hours of work this year. AMS wouldn't exist without you!

Angela Tucker

5
MENTORS

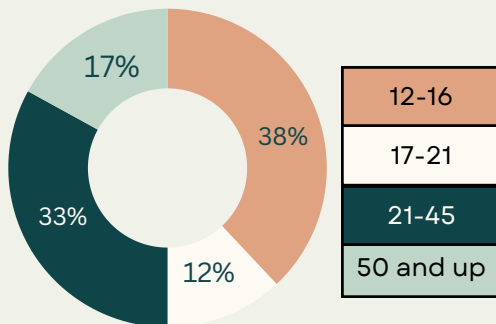
39
SCHOLARSHIP SESSIONS
PROVIDED

434
VOLUNTEER HOURS

624
MENTORSHIP SESSION
ATTENDEES

2023 SNAPSHOT

Mentees by age



17 mentees engaged with their biological families for the first time.



100% of these mentees felt proud of how they navigated these new relationships.

We mentored individuals who live all around the world!



Funds raised:

\$55,039



“The AMS lounges were the first gathering like that for me and I am in my 50's. Thank you so much for providing a place for me to belong and feel a different kind of healing than when I was in therapy.

—Mentee”

OUR MENTORS

Anna Allanbrook, Retired Principal of Brooklyn New School | New York, NY

Renecia Jackson, Finance Dept. at the University of Washington | Seattle, WA

Patricia Krijgsman-Wentzel, Teacher & Librarian | Toronto, Canada

Sheila Siden, Certified Executive Coach & Master Gardener | Seabrook, WA

Angela Tucker, Author of “You Should Be Grateful” & Founder of AMS | Seattle, WA



SPECIAL THANKS TO DR. CHAITRA WIRTA-LEIKER

Our partnership with Dr. Wirta-Leiker has been critical to the early success of the organization. As a transracial adoptee, adoptive parent, and psychologist, Chaitra offers monthly consultations with our team of mentors, supporting them to examine their own thoughts, feelings, and actions during their sessions. Thank you, Chaitra, for the outsized impact you have had on our first mentor cohort at AMS!



THANK YOU FOR ALL YOUR SUPPORT!

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